

HOW CAN YOU BE ENERGY EFFICIENT?

ENERGY-EFFICIENT PRODUCTS USE A LOT LESS ENERGY. MAKE THE SWITCH AND SAVE!

1. GO ENERGY STAR

Look for the ENERGY STAR label on appliances and electronics. This label identifies the most energy-efficient products. You'll find it on laptops, TVs, home theatre systems, household appliances (like dishwashers, clothes washers and refrigerators) and more.

2. SWITCH ON THE SAVINGS

Energy-efficient light bulbs save a lot of energy. For example, a LED (which stands for "light-emitting diode") uses 85–90% less energy than an incandescent bulb. Installing motion sensors that automatically shut off outside lights when no movement is detected can also save energy.

3. DON'T HEAT THE OUTDOORS

Insulating your home, installing efficient windows and sealing air leaks can save a lot of energy and money. For example, a basement without insulation can account for 20–35% of the total heat loss in a home.

4. LOW-FLOW SHOWERHEADS = BIG TIME SAVINGS

14% of all the energy we use in our homes is for heating water. Installing energy-efficient products—such as low-flow showerheads and aerated faucets that mix air with water—can save a lot of hot water and energy.

5. DIAL UP THE SAVINGS WITH PROGRAMMABLE THERMOSTATS

Programmable thermostats can save energy by automatically turning down the heat while you're at school, work or sleeping, and turning it back up before you return home or wake up, so you're always comfortable and always saving.

