

# HOW CAN YOU CONSERVE ENERGY?

## MAKING SMALL CHANGES EVERY DAY CAN ADD UP TO BIG SAVINGS.

### TURN BACK THE HEAT

The largest source of energy use in our homes is heating. Turning back the thermostat by 3°C while you're sleeping can save a lot of energy.

**\$63**

**TURNING BACK THE THERMOSTAT BY 3°C EVERY NIGHT CAN SAVE THE AVERAGE FAMILY \$63 EVERY WINTER.**

### SWITCH OFF THE LIGHTS

Here's an easy way to save: just turn off the lights when you leave a room or when there's enough natural light coming in through the windows.

**TAKING A SHORT SHOWER INSTEAD OF FILLING THE BATHTUB CAN REDUCE HOT WATER USE BY 21%.**

**21%**

### BE SMART WITH APPLIANCES

Our home appliances use a lot of energy. Conserve energy by:

- Not leaving the refrigerator door open
- Washing clothes in cold water
- Uncrumpling clothes before they go in the dryer
- Only running the dishwasher when it's full
- Using the oven's light instead of opening the door

**10%**

**STANDBY POWER CAN ACCOUNT FOR UP TO 10% OF YOUR ELECTRICITY BILL.**

**EVERY TIME YOU OPEN THE OVEN DOOR, AS MUCH AS 20% OF THE HEAT ESCAPES AND THE OVEN USES MORE ENERGY TO REPLACE IT.**

**20%**

### SAVE HOT WATER

Save hot water by taking short (five-minute) showers instead of baths.

### UNPLUG

Many electronics (like TVs and cable boxes) use energy even when they're turned off. Chargers for laptops, cell phones and other electronics draw power when they're plugged in, even if they're not connected to a device. Save energy by unplugging electronics and chargers when not in use.



**AVOID STANDBY POWER: USE A POWER BAR WITH ELECTRONICS AND TURN OFF EVERYTHING WITH ONE SWITCH**

