

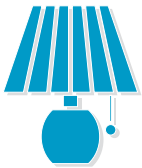
# HOW CAN YOU SAVE ENERGY?

**YOU CAN BE AN ENERGY-SAVING HOTSHOT BY MAKING SMALL CHANGES EVERY DAY. HERE ARE SOME TIPS TO CUT BACK YOUR HOME ENERGY USE.**



## TURN BACK THE HEAT

The largest source of energy use in our homes is heating. Turning back the thermostat by 3°C while you're sleeping and at school.



## SWITCH OFF THE LIGHTS

Here's an easy way to save: just turn off the lights when you leave a room or when there's enough natural light coming in through the windows.



## BE SMART WITH APPLIANCES

Our home appliances use a lot of energy. To save energy:

- Don't leave the refrigerator door open
- Wash clothes in cold water
- Uncrumple clothes before they go in the dryer
- Only run the dishwasher when it's full



## SAVE HOT WATER

Save hot water by taking short (five-minute) showers instead of baths.



## UNPLUG

Many electronics (like TVs and cable boxes) use energy even when they're turned off. Save energy by unplugging electronics and chargers when not in use.